

New Uniform regulations for Cadets

Here is what you need to know:

Link to the full document:

Cadets and Junior Canadian Rangers (CJCR) Dress Instructions - Canada.ca

Hair:

- Cannot prevent the proper wearing of your headdress
- Long hair must be secured accordingly when extending below the to of the shoulder
- Acceptable accessories to secure hair include: clips, barrettes, boddy pins, fabric elastics, elastic bands, and hair nets
- Allowed: full or partial shaving of the head, colouring of hair, wearing of wigs, deadlocks, or hair extensions
- All styles of facial hair are authorized *see CO to discuss further*



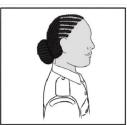




double braids from profile



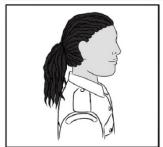
multi-braids (bun)



multi-braids (bun) from profile



multi-braids (ponytail)

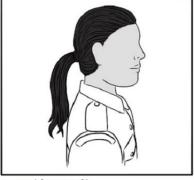


multi-braids (ponytail) from profile

Figure 2-2-3 – Personal Appearance (hair styles)



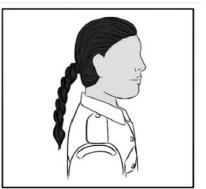
ponytail



ponytail from profile

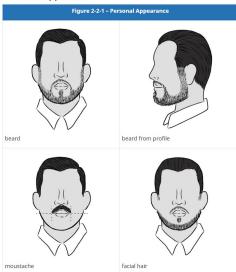


single braid



single braid from profile

Personal appearance



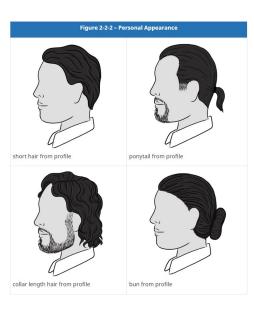
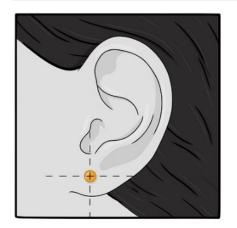
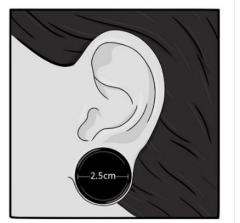


Figure 2-2-4 - Personal Appearance



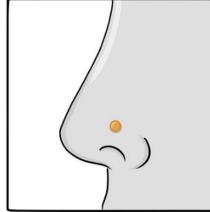




.5 cm spacer



multiple ear piercings



single nose piercing

Piercings:

- Cannot wear jewelry over uniform items
- Ear piercings and spacers cannot be more than 2.5 cm in diameter
- Cannot wear jewelry that is connected with criminal activities, or promote hared, violence, discrimination, or harassment of any kind, including racism, sexism, or sexually explicit material
- No limit to number of rings or earrings
- Nose rings can be worn for cultural, religious or spiritual beliefs

Makeup and Tattoos:

- Cadets may wear makeup, nail polish, artificial nails, and lashes, unless they impair the ability to be safe and perform their duties
- Tattoos are permitted except those connected with criminal activities, promote hatred, violence, discrimination, harassments of any kind, including racism, sexism, or sexually explicit material

In Ceremonial Dress:

- Hair extending below the tunic collar will be in a bun, a single braid, double braids to the back, multi-braids or locks pulled to the back and secured
- A maximum of two rings
- No visible necklaces or bracelets
- Single piercings in the ear lobe
- Makeup, lashes, coloured nail polish and artificial nails are allowed